



## **Service User Sub Group Meeting Minutes**

**Present: CK, AC, SC, SM, DR, RH, SMcA, HL-D**

**Staff Present: SR (Group Facilitator), LT, LQ, SS**

**Apologies: BMcl, LH, RD**

### **Agenda**

- **Introduction**
- **Feedback from Learning Disability Week 2019**
- **Feedback from What Matters to You Day**
- **Plans for Charity Karaoke Staff vs People we Support Sing Off Friday 19<sup>th</sup> July 2019**
- **Plans for Pool Tournament on Wednesday 24<sup>th</sup> July 2019**
- **Plans for Mainstay Disco Party 23<sup>rd</sup> August 2019**

**Date: Wednesday 19<sup>th</sup> June 2019**

### **Introduction:**

SR welcomed everybody to the meeting and thanked everyone for coming. Everyone at the table introduced themselves.

The group reviewed the progress from what was achieved from last year and we agreed that we all had a very positive year and nearly all of the agreed activities from the service user sub group meeting were achieved. SR explained that he was unable to review the minutes from the last meeting held in January 2019 with AS as these were still to be typed up.

As there were some new members at the group SR explained the purpose of the group which was to listen to the voices of the people we support and plan some events that they would like to see happen over the course of the year. It is also an opportunity for members of the group to tell us what matters to them and how they feel things are going.

### **Feedback from Learning Disability Week 2019 13<sup>th</sup>-19<sup>th</sup> May 2019**

To recognise Learning Disability Week 2019 Mainstay Trust put on a range of events across the week to show our support. The theme for Learning Disability Week was “Community” and we organised a Communi-Tea Party and raised £165.00 and there were also some fantastic raffle prizes on offer. At the Communi-Tea party we had family, friends, service users and staff who all took part in listening and recognising some of the people we support and staffs achievements this year and there were presentations of certificates of achievement for everyone who put forward good news stories. It was excellent to see the people we support so happy and being recognised. We also had a fun game of play your cards right and bingo and all the people we support voted to put half of the £165.00 which is £82.50 to go to charity. The charity will be decided at the end of the up and coming charity karaoke event which will take place on Friday 19<sup>th</sup> July 2019.

Service Users at Daniel House were also involved in helping to facilitate the party and baked beautiful cakes for the event. Big shout out to BR and Team at Daniel for all their support with the catering. It was fantastic.



We also organised the Charity Football match between Mainstay Madrid vs Staff and this took place on Friday 17<sup>th</sup> May 2019 at Glasgow Green football pitches with Mainstay Madrid winning the match 11-7. Well done to all the people involved. GD (Director) attended the event and presented all the people we support with their medals and also the trophy presentation. The group were able to raise £216.50 and the proceeds of this event will go towards more resources for the group as it has grown in size and as a company we are keen to promote the people we support living healthy lives. The group will train every Wednesday and information is going to be sent out to all service users' homes inviting them to join the group. The weekly cost for this group is £4.00.

The Art Group were an excellent supporter of Learning Disability Week 2019 and they took part in the week by helping us decorate the Hub and our Charity Football Match by making Uno the Unicorn (LD Week 2019 Mascot) and Mainstay Madrid banners.



Well done to everyone involved and we all had an excellent time. Here is a look at some of the pictures from the week.







**The planned Charity Karaoke Sing off Staff vs People we Support- Friday 19<sup>th</sup> July 2019:**

This idea was thought up by one of our service users called RH. RH and one of his support workers MW approached me about the idea of having a charity Karaoke day where all people coming to the hub on this day would pay 50p and there could be a sing off competition between staff and the people we support. RH has already put a lot of work into this and has prepared a list of songs that each person can sing. A massive well done to RH and the idea was put to group who have strongly supported RH's idea. There will now be an events notification sent out to all service users' homes and to staff notifying them that the event will take place at the usual time and day the karaoke is on in the hub. The date of this event will be **Friday 19<sup>th</sup> July 2019.**

The choices of charities selected were Cancer Research, Yorkhill Children's Hospital, RSPCA and the WWF. These names will be put in a hat and a random person will pick out the winning charity and all money raised from this event will go to this charity and the £82.50 raised from the Communi-Tea Party for Learning Disability Week 2019 will also go towards this.

### **The planned Pool Tournament for Wednesday 24<sup>th</sup> July 2019 10:30am:**

Some members from the group requested that we organise a pool tournament which will be held in the Head Office on Wednesday 24<sup>th</sup> July at 10:30am as the Hub is quiet at this time and members would like to have a wee trophy for the winner as they would like to be known as “the champ” if they win.

There will be an events notification sent out to all service user homes in the coming weeks to notify every one of the event.



### **The planned Mainstay Trust Disco- Friday 23<sup>rd</sup> August 2019**

The group have decided they would like to organise a Mainstay Trust Disco Party which everyone will be invited to. The group have picked the date of Friday 23<sup>rd</sup> August 2019.

Management will now look at sourcing a suitable venue for the party to be held and will send out an event announcement nearer the time. The group would like to have some good music and some buffet food there for everyone.

The group like it when everyone comes together and has some fun and can show off their dance moves!!!!!!



**A.O.B:**

SR thanked the group for their participation and went around the table and asked each individual in attendance how things were going for them and this was the feedback:

AC- AC stated, "Happy with my support"

CK- "Looking forward to singing some songs with the karaoke competition"

SM- "I am new to Mainstay and I have met some new friends already and I am enjoying myself. I would like to see more sport activities as I was not able to attend the last charity football match as I was injured and at college"

RH- "I am happy that my idea of a charity karaoke sing off is going to happen in July. I have put it in my diary"

DR- "I have enjoyed coming to this group and I am glad we are able to do things for charity and people who don't have as much as us"

SMcA- "I am going to think about some more ideas and let my staff know as it was my first time at the group"

SC- "I am looking forward to football starting back up and the pool tournament"

**Date of Next Meeting:** August 2019

**Location:** Mainstay Head Office